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# RECREATION

Playground - Sports - Senior Programs - Dance Parties  
TOWN OF  
POUGHKEEPSIE

2005  
SPRING/SUMMER  
PROGRAM  
INFORMATION

Basketball - Tennis - Swimming - Concerts - Golf - Football + more

One Overocker Road \* New York \* 12603  
townofpoughkeepsie.com \* 845-485-3628 \* Fax 845-485-3616

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PARK NAME	LOCATION	ACREAGE	BALL FIELDS	BASKETBALL	CROSS COUNTRY SKIING	FISHING	ICE SKATING	NATURAL AREAS	PICNIC AREAS	PLAY AREAS	SHELTERS	SOCCER	TENNIS	MISC INFO
Arlington Legion	DeGarmo Road & Overlook Road	3.0	✓	✓							✓			Park includes grounds only
Carriage Hill	Carriage Hill Lane	.5		✓						✓				
Country Club Estates	Brooklands Farm Road	1.6								✓			✓	
Crestwood	Crestwood Boulevard	3.4	✓	✓					✓	✓			✓	Adjacent to privately owned Civic Center
Crown Heights	Nassau Drive	4.6	✓	✓					✓	✓	✓			Adjacent to privately owned Civic Center
Fairview	Fairview Avenue & Lake Street	2.0	✓	✓					✓	✓				Site of Memorial Arch
Greenvale	Route 376 & Toomey Drive	40	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	Largest Park - Borders Wappingers Creek
Hagantown	Millbank Road	4.7	✓	✓		✓		✓	✓	✓	✓	✓	✓	Borders Casperkill Creek
Hillis	Hampton Road	7.5	✓	✓					✓	✓				
New Hamburg	Main Street	8.1	✓	✓				✓	✓	✓	✓		✓	Adjacent to Audubon Society Hiking Trail
Overocker	Overocker Road	4.9	✓	✓					✓	✓	✓		✓	
Pine Echo	Pine Echo Drive	.75		✓						✓				
Red Oaks Mill	Spackenkill Road & Alda Drive	9.6	✓	✓			✓		✓	✓			✓	
Riverfront	Point Street	.45								✓	✓			Hudson River Vistas
Riverview	Twin Drive	1.9	✓	✓					✓	✓	✓			
Rochdale	Rochdale Road	7.7	✓	✓		✓		✓	✓	✓			✓	Pond is across street from park
Sheafe Road	Sheafe Road	7.5	✓	✓					✓	✓				Lighted ball field
Stanley Still	Jackson Road	14	✓	✓					✓	✓	✓			Facilities include roller hockey and walking path
Sunnyside	Lori Street	5.3	✓	✓				✓	✓	✓				
Townsend	Townsend Blvd.	1.5	✓	✓					✓	✓				
V.F.W.	Violet Avenue & Oakdale Avenue	3.0	✓	✓						✓				Park includes grounds only

From the Director...

Welcome to the 2005 Spring/Summer Program Brochure This brochure will give your children opportunities to participate in a wide variety of activities including Swim Instruction, Golf, Tennis, Lacrosse, Football, Soccer, Basketball, Baseball, Roller Hockey, Arts and Crafts and more!

Our programs offer a safe, friendly environment providing your children with an unbeatable combination of skill instruction, enjoyment, and learning.

## SUMMER SPORTS PROGRAM AT GREENVALE PARK

**Family Discount!**



**Water Activities!**



**Pizza Fridays!**





**Olympic Fridays!**



Certified teaching staff

**Advanced registration and prepayment is required.**



Children will be introduced to a variety of traditional and non-traditional sports in a revamped, modernized curriculum!

There are movies at lunch time and on peak heat days.

**\*\*Bring your own lunch\*\***

1 week sessions Mon. - Fri.  
June 27 to August 19  
9AM to 4PM Ages 7 - 13

Fee: \$90 per week  
\$630 - all 8 weeks (prepaid)  
(\$72- week of July 4th no program July 4th)  
Family discount: Save \$10 per week for each additional sibling

## 6 WEEK *Free!* PLAYGROUND PROGRAM

6 week Program  
June 27th to August 5th (no program 4th of July)  
9AM to 12PM - ages 5 to 12  
12PM to 3:30PM - ages 5 to 14.

Field Trips this year will be to Splashdown, Fun Central, Space Ship Discovery Science + Technology Center, and the Mid Hudson Children's Museum! There is a small fee for trips. (TBA)



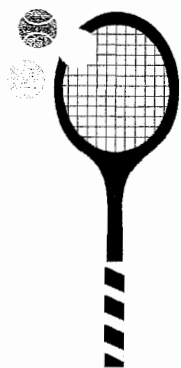
SITES	PROGRAM OPEN
Crestwood Park	Mon., Wed. + Fri.
Fairview Park	Tues. + Thurs.
Greenvale Park	Tues. + Thurs.
Red Oaks Mill Park	Mon., Wed. + Fri.
River view Park	Mon., Wed. + Fri.
Rochdale Park	Mon., Wed. + Fri.
Stanley Still Park	Tues. + Thurs.
Sunnyside Park	Tues. + Thurs.

### The Program's Guidelines

- 1) This program is free to all participants
  - 2) Two counselors will monitor each site, providing activities for the youth who visit the park. Counselors are not babysitters, they are facilitators.
  - 3) The program will not operate during inclement weather.
- Please contact the Recreation Department at 485-3628 if you have any questions on this program, it's structure, or it's appropriateness for your child or children.

**This is a "drop in" program. No charge - no registration**

\*This program made possible through a grant from the NYS Office of Children + Family Services and the D C Youth Bureau.\*



# TENNIS LESSONS

Bring your tennis shoes and racket!

Fee: \$45 per person

Red Oaks Mill Park - (6) 45 min. sessions

Session 1:  
(Mon.) May 2 - June 6  
(No class 5/30, Makeup 5/31)  
(Wed.) May 4 - June 8

5:15 - 6PM Ages 7 - 9 yrs.  
6 - 6:45PM Ages 10 - 12 yrs.  
6:45 - 7:30PM Ages 13 - Adult

Session II:  
(Mon.) June 13 - July 18  
(no class 7/4, Makeup 7/5)  
(Wed.) June 15 - July 20

5:15 - 6PM Ages 7 - 9 yrs.  
6 - 6:45PM Ages 10 - 12 yrs.  
6:45 - 7:30 PM Ages 13 - Adult

Session III:  
(Mon.) July 25 - Aug. 29  
(Wed.) July 27 - Aug. 31  
9:15 - 10AM Ages 7 - 9 yrs.  
10 - 10:45AM Ages 10 - 12 yrs.  
10:45 - 11:30AM Ages 13 - Adult  
5:15 - 6PM Ages 7 - 9 yrs.  
6 - 6:45PM Ages 10 - 12 yrs.  
6:45 - 7:30PM Ages 13 - Adult

## Youth Basketball Clinic

7 week program



Fee: \$40

Red Oaks Mill Park  
May 3 to June 14  
Ages 7 - 10, Tues. 6 - 7PM  
Ages 11 - 14, Tues. 7 - 8PM

Crown Heights Park  
May 4 to June 15  
Ages 7 - 10, Wed. 6 - 7PM  
Ages 11 - 14, Wed. 7 - 8PM

Come learn basic skills and improve on the skills you already know!

## FOOTBALL SKILL DEVELOPMENT CLINIC AT GREENVALE PARK

This is a non-contact, skill development clinic. The aim of this clinic is to teach and develop basic, fundamental football skills such as blocking and tackling as well as position specific skills.

Fee: \$80 (includes T-shirt)  
Ages 8 - 13  
July 25th - 28th, 6 to 8 PM  
(make up July 29 and 30)



(No football equipment required. Child should have shorts + t-shirt. Cleats are recommended but not required.) \* Staffed by local High School coaches + high school + college players

John Biasotti - Clinic Director  
Arlington High School Football Coach

Fee: \$100 per child

## SUMMER 2004 SOCCER CAMP

Greenvale Park Soccer Complex

Lourdes HS Soccer Coach Ricky Seipp - Camp Director

Program will include a high level of skill development. Training to include Juggling, Trapping, Receiving, Kicking Air Balls, Dribbling, Moves, Passing, and Shooting.



Tee shirt and Soccer Ball supplied. Bring your own water AND wear cleats and shin guards.

Ages: 5 to 14  
Times: 5:30 to 8PM  
Dates: Aug. 1st to Aug. 5th

## 2005 YMCA National Progressive Swim Program

**SWIM PROGRAM IS FREE**

### SWIM SIGN UP INFORMATION



- 1) Town of Poughkeepsie residents only - 1 session only please.
- 2) The Recreation Department will accept swim registrations by mail or in person. Swim registrations must be received by MAY 13th, at 3:00 PM. Registrations will be processed on a lottery basis MAY 16th, and residents will be notified by mail of their child/childrens confirmation/waiting list status. (PLEASE DO NOT CALL)  
Swim registrations received after May 13th will be considered if there are slots left to be filled.
- 3) One child per registration form please. Feel free to make copies of form if needed.
- 4) Please write on you envelope "SWIM REGISTRATION".

Held at Dutchess County YMCA in Eastman Park, Poughkeepsie

Each child eligible for (1) two week session only

On the first day of class each child will be placed in an appropriate skill level.

Session 1: 6/27 - 7/8	Class time:
Session 2: 7/11 - 7/22	Age 5-7 9:45 to 10:30
Session 3: 7/25 - 8/5	Age 8-12 9:00 to 9:45
Session 4: 8/8 - 8/19	

SWIM Registration Forms MUST be in by May 13th, 3:00 PM, in order to be included in lottery

The Swim Program is made possible through a grant from the NYS Office of Children and Family Services and the DC Youth Bureau.

Registration Form (next page) is for: SPORTS PROGRAM, TENNIS LESSONS, BASKETBALL CLINIC, SOCCER CAMP, FOOTBALL CLINIC, AND SWIM PROGRAMS only. All other programs please refer to individual instructions as to where to call or register your child/children.

**Registration Form for programs on pages 3 + 4 (feel free to make copies)**

Registration for our programs (except swim) BEGIN Monday, April 4th in person at the Recreation Office in Town Hall, 1 Overocker Road, 7AM to 2:30PM, or by mail to: Town of Poughkeepsie Recreation Department, 1 Overocker Road, Poughkeepsie, NY, 12603. Mail received before April 4th will not be processed before April 4th. Fee total must be paid at time of registration.

**\*\*NO REFUNDS - NO EXCHANGES\*\***

SWIM REGISTRATION MUST BE SENT IN SEPARATE ENVELOPE MARKED "SWIM REGISTRATION". (Registration for Swim Lessons can be sent to us at any time and will be processed on a lottery basis May 13th. Please see swim sign up info on page 4)

PLEASE PRINT LEGIBLY

Please do not register more than 1 child PER FORM/PER PROGRAM.

Child's Name	Phone #
Age	Parent's Names
Birthdate	Address
Program	City/State
Prog. Date	Zip
Prog. Time	

SEND or BRING forms to: Recreation Department, Town of Poughkeepsie, 1 Overocker Road, Poughkeepsie, NY 12603

**\*\*If you have had a change of address or wish to be removed from our mail list please let us know.\*\***

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Child's Name	Phone #
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\*\*\*\*\*  
 For more information on the following activities (pages 6 +7) please refer to the  
 contact numbers and/or websites provided for your convenience.  
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**TEENAGE BASKETBALL LEAGUE**

Holy Trinity C.Y.O. Summer League Basketball registration will be held Sunday, June 12th from 6:30 to 8:30PM in the Holy Trinity gym. Fee is \$55 per player. Boys grades 8 thru 12. Please call Director Bob Legacy at 471-2863 for more information.



**MID HUDSON SUMMER BASKETBALL LEAGUE**

Mid Hudson Basketball League is open to all area residents between the ages of 5 and 15. All games are played week day evenings at area parks. The league runs during the months of July and August. Cost is \$65.

Registration dates: Wed. June 1st, 5-7PM at Red Oaks Mill Park  
 Fri. June 3rd, 5-7PM at Red Oaks Mill Park Sat. June 4th, 9-12PM at Greenvale Park

For further information go to [www.spartanbasketball.org](http://www.spartanbasketball.org)



**HUDSON VALLEY KNIGHTS POP WARNER FOOTBALL**

Cheerleading Ages 5 -15 The season is August 1 to mid November  
 Flag Football Ages 5 -7 Tackle Divisions Ages 7 -15

Team formation and a players assignment has a specific age and weight relationship to ensure a safe playing experience. We serve all of the Arlington, Spackenkill, and Pawling school district. You need only to reside in these school districts, not attend these schools to participate.

For more info go to [etamz.com/hudsonvalleyknights](http://etamz.com/hudsonvalleyknights) or call Jim Killian-452-2471 or Gary Leigh-226-4035.



**TOWN OF POUGHKEEPSIE LITTLE LEAGUE**

**Contacts**

Keith Smith	297-0986	kes5312@aol.com	Jr/Sr League-----age 13-16
Jan Binum	486-0556		Big League-----age 17-18
Nick Johnson	485-5614	454-8473	North Little League---age 5-12
Ken Merritt	462-2604	bbfan@optonline.net	South Little League---age 5-12
Michelle Pells	485-7512	topsl2002@aol.com	Fastpitch Softball-----age 7-16



**TOWN OF POUGHKEEPSIE SOCCER CLUB, INC. [www.topsc.org](http://www.topsc.org)**

**Contacts**

Nick Raccioppo	462-5617	topsc.info@verison.net	Club President
Linda Kardas	463-3712	kardas@us.ibm.com	Intramural Registrar
Iris Quijano	462-0986	babbaoptonline.net	Travel Registrar

Town of Poughkeepsie Soccer Club is a not for profit organization, affiliated with the East Hudson Youth Soccer League. Run completely by volunteers, the club administers two distinct programs: INTRAMURAL-designed to develop soccer skills in a recreational environment, and TRAVEL-intended for more competitive players. An annual general meeting, including elections, is held every June and open to guardians of all participants. The main board meets 3rd Tuesday each month. For details on activities and policies consult [www.topsc.org](http://www.topsc.org).

**INTRAMURAL PROGRAM**

Open to all TOP residents born before 8/1/99 through age 19.  
 Coed and girls-only divisions.  
 Registration\* fee covers one team placement for Fall and Spring season  
 (\*on-line registration available)

**TRAVEL PROGRAM**

Players required to qualify during a tryout period  
 Tryout dates set by coach, posted on the website and listed in the Poughkeepsie Journal  
 Eligible ages: 7-18years  
 A Younger age groups are developmental and stress skill building.

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**MID HUDSON FOOTBALL CAMP AT GREENVALE PARK**

The aim of this camp is to teach and develop football skills for the offensive and defensive player. Each camper will be taught the fundamentals of carrying, passing, catching, tackling, blocking, and kicking the football.

**YOUTH CAMP (POP WARNER AGE)**

Cost: \$75.00  
 Ages 7-9 and 10-13  
 Sat. June 25 - 2 to 3:30PM  
 June 27, 28, 29, 30  
 6:30 to 8PM

**JUNIOR CAMP 6-8TH GRADES**

Cost: \$120.00  
 Sat. June 25 - 2 to 4PM  
 June 27, 28, 29, 30 - 6:30 to 8:30PM

**SENIOR CAMP**

Cost: \$180.00  
 Sat. June 25 - 2 to 4:30PM  
 June 27, 28, 29, 30 - 6 to 8:30PM



For more information and registration details call John Biasotti at 635-9859, or Bill Dillon at 454-0679

**GROUP GOLF LESSONS**

Young Adult/Adult

Session 1 - June 28, July 5 (Tues, 6 - 7:30PM)  
 Session 2 - July 19, July 26 (Tues, 6 - 7:30PM)  
 Session 3 - Aug. 16, Aug. 23 (Tues, 6 - 7:30PM)

Fee: \$ 30 (3 hr.)

**JUNIOR GOLF CLINIC**

Ages: 9 - 12 yrs. 9 - 11AM  
 Ages: 5 - 8yrs. 11:30 - 1:30PM

Session 1 - June 27, 28, 30, July 1 (Mon, Tues, Thurs, Fri)  
 Session 2 - July 18, 19, 21, 22 (Mon, Tues, Thurs, Fri)  
 Session 3 - Aug . 15, 16, 18, 19 (Mon, Tues, Thurs, Fri)

Fee: \$55 (8hrs.)



Taught by PGA Pro Inst. Rhett Myers For more information and registration details call the Overlook Golf + Recreation Center at 471-8515

**MID HUDSON LACROSSE CAMP AT GREENVALE PARK**

Camp will emphasize fundamentals of the game. Camp staff-Local college and High School coaches.

Monday - Thursday  
 7/11 - 7/14, 7/18 - 7/21

Make-up dates:  
 7/15, 7/22

Junior camp Boys grades 5 to 8  
 Senior camp Boys grades 9 to 12

Fee includes all 8 sessions:  
 Junior Camp \$110  
 Senior Camp \$125 TIME: 6PM to 8PM

Play the fastest game on 2 feet!



For more information and registration details call Chris Malet @486-4507

**SUMMER BASEBALL CAMP at Red Oaks Mill Little League Field**

Training will include drills to develop mental approach, physical and visual mechanics, hitting and pitching, fielding and base running. Also, there will be scrimmages and skill competitions for experience building.

Cost: \$185 per week  
 Time: 9AM to 3PM  
 Ages 7 - 12 (grouped by age)  
 Dates: July 25 - 29

Experience top notch instruction through Frozen Ropes MVP training.



Call Guy Mauro at 298-2167 for further information and registration

**ROLLER HOCKEY at Stanley Still Sr. Park**

Registration deadline is April 15  
 Registration is Limited!

Required equipment:  
 In-line skates, helmet w/face shield, mouthpiece, shin guards, elbow pads, wrist guards or gloves, and protective cup.

Session: April 24 - June 26  
 Location: Jackson Road  
 Schedule: Sundays, 11 to 3PM (subject to change)

Cost:  
 \$70 YMCA members  
 \$85 Non-members  
 For boys + girls Ages 7 - 15  
 Div. A: 7 - 10 yrs  
 Div. B: 11 - 15 yrs

Weekly sessions include practices, games and skill development.



Call Karen Feeley at 471-9622, ext. 314 for further information and registration

## MUSIC IN THE PARK

These free concerts are held outdoors at Greenvale Park, Route 376, Tuesday evenings at 7PM.  
Call 485-3628 for more information and an Area Concert Calendar.

June 28 - "Switch N Time"  
July 19 - "Heart & Soul"

July 5 - "Stolen Heart"  
July 26 - "Reality Check"  
Aug. 9 - "The Big Band Sound"

July 12 - "The Sugar Bees"  
Aug. 2 - "Silk N Sounds"

## SENIOR CITIZENS - "CLUB 60"

Senior meet MONDAYS, TUESDAYS, and WEDNESDAYS in 2005.  
Club 60 is a Town sponsored social club with numerous activities throughout the year. These include bus trips, holiday parties, picnics, guest speakers, crafts, special events, bingo, cards, exercise classes and much more!  
MONDAY and TUESDAY meetings are held 10AM - 2PM in Police Station Community Room.  
WEDNESDAY seniors meet at the Lexington Club at the Galleria (1964 South Rd.) 10AM - 2PM.



TOWN OF POUGHKEEPSIE SENIOR CITIZENS PICNIC 8/31/05  
10:30am to 2pm at Bowdoin Park  
Chicken BBQ + Entertainment  
This picnic is free to all Town of Poughkeepsie seniors.  
ADVANCE REGISTRATION IS NEEDED.

For more information on the picnic or Club 60 call Senior Director JUDY PETSCHKO at 471-7155.

## YOUTH DANCE PARTIES

Dance parties that are drug, alcohol, and violence free for 6th, 7th, and 8th graders who live in or go to school in the Town of Poughkeepsie.  
Entertainment consists of DJ, dancing, food, and prizes! Co-sponsored by the Recreation Department and D.A.R.E.  
with help from the Poughkeepsie Elk's Lodge #275.

Look for flyers to be distributed through your schools shortly before the following dates or call the Recreation Department for more info.  
Dance dates: February 4th + June 17th + September 16th + October 28th

## RECREATION COMMITTEE

Chairperson - Todd Tancredi 6th Ward Councilperson 463-1550  
Stephan Krackower 5th Ward Councilperson 462-4336  
Mike Cifone 4th Ward Councilperson 473-1588  
Jack Still Supt. of Highways 485-3637  
Scott Gram Recreation Director 485-3628

## TOWN OF POUGHKEEPSIE DAY CELEBRATION

Friday, June 3rd +  
Saturday, June 4th  
More info coming!

## EMPLOYMENT OPPORTUNITIES

The Recreation Department is seeking qualified staff for this year's programs. Positions available include: Playground Counselors, Basketball Instructor, Tennis Instructor, Soccer Instructors, Sport Program Counselors, Basketball Scorekeepers, and Referees. For more information and applications call 485-3628.

**PARKS & RECREATION**  
1 Overocker Rd  
Poughkeepsie, NY  
12603

